

The Cat Owner's Toolkit

Free printable companion to *The Complete Cat Care Handbook*

Print these pages and keep them where you need them — on the fridge, by the food, or in your cat's care folder. They turn the book's advice into something you can act on every day. **This toolkit is for general education only and is not a substitute for professional veterinary advice.**

1 · New-Cat Checklist

BEFORE ARRIVAL

- Quiet base-camp room prepared
- Food & water bowls (away from the litter box)
- Litter box + unscented clumping litter
- Bed and a cardboard hideaway
- Two safe toys (one wand, one solo)
- Home cat-proofed (cords, gaps, plants, chemicals)

FIRST WEEK

- First vet appointment booked
- Age-appropriate food stocked
- Scratching post in place
- ID tag / microchip arranged
- Slow introductions to people and pets

2 · Vaccination & Vet-Visit Tracker

Typical kitten timeline: first core vaccine **6–8 weeks** · boosters every **3–4 weeks** until 16 weeks · rabies **~12 weeks** · spay/neuter **~5–6 months** · annual exam from **12 months**.

Vaccine / visit	Due date	Date done	Vet	Next due
FVRCP (core)				
Rabies (core)				
FelV				
Deworming				

Always confirm the exact schedule with your vet — it varies by region, vaccine brand, and your cat's lifestyle.

3 · Feeding Quick Chart

Cat weight	Daily food*	Meals / day	Daily water target
2 kg (kitten)	Per package — growth formula	3–4	100–140 ml
4 kg (adult)	Per package — maintenance	2	200–280 ml
6 kg (large)	Per package — watch weight	2	300–420 ml

*Always use your specific food's feeding guide and adjust to body condition: ribs easily felt, visible waist from above.

4 · Daily & Weekly Routine

Daily: measured meals · 2 short play sessions · scoop litter · fresh water · quick health glance

Weekly: brush (daily if long-haired) · wash bowls · check ears & eyes · weigh or eyeball body condition · rotate toys

Monthly: weigh and log · check nail length · review food and litter stock

5 · Litter-Box Troubleshooter

Going outside the box? Is it clean? Right size / low sides? Quiet location? One-per-cat-plus-one? Fix the basics first.

Still happening, or straining / blood? See a vet to rule out a urinary problem before assuming it is behavior.

Litter tracking everywhere? Add a mat; try a higher-sided box.

Strong odor? Scoop daily, wash weekly, replace the box yearly.

6 · Emergency Cheat Sheet

Never feed (toxic): onions, garlic, chocolate, caffeine, alcohol, grapes / raisins, xylitol, raw dough, very fatty scraps.

Call the vet now if you see: straining to urinate with little output · repeated unproductive retching · refusal to eat for over a day · labored breathing · sudden collapse, hiding, or severe lethargy · suspected poisoning.

Vet phone: _____

Emergency clinic: _____

Pet poison hotline: _____

Want the full handbook?

This toolkit is just the companion. *The Complete Cat Care Handbook* gives you all 18 chapters — choosing & welcoming your cat, feeding, hydration, grooming, illness prevention, behavior, senior care, and honest gear guides — each with its own action checklist.

Get it on Amazon as an **eBook** or **Paperback**.

beinadvisor.com